

English Martyrs Catholic Primary School



'A Learning Community in Christ'

PE Policy

Introduction

"It is really important that we promote sport in schools. It is very important that we recognise that has to be underpinned by good quality physical education and by getting people into patterns of exercise."

Lord Coe, London Olympics 2012

We believe at English Martyrs that Physical Education can develop the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus enabling them to make informed choices about physical activity throughout their lives.

Our aims at English Martyrs are to:

- Enable children to achieve and provide enjoyment in their learning
- Encourage children to work and play with others in a range of group situations
- Develop the way children perform skills and apply rules and conventions for different activities
- Increase children's ability to use what they have learnt to improve the quality and control of their performance
- Teach children to recognise and describe how their bodies feel during exercise
- Develop the children's enjoyment of physical activity through creativity and imagination
- Develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.

Pride, Respect, Enjoyment

In collaboration with the children the values of 'Pride, Respect, Enjoyment' were highlighted as the most important factors within PE at the school.

'Pride' in the children's work; in the effort they put in and pride in representing the school/class in competitions.

'Respect' for themselves and others. Respecting the opposition and playing the game fairly.

'Enjoyment' for PE. Ensure that all children enjoy the PE and after school sport provision. We believe that if children enjoy their work they are more likely to make good progress.

The motto is clearly identified in and around the school and children are reminded each year about our PE values.

Teaching and learning style

We use a variety of teaching and learning styles in PE lessons. Our principal aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole-class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other children and we encourage the children to evaluate their own work as well as the work of other children. Within lessons we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

In all classes there are children of differing physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. We achieve this through a range of strategies:

- Setting common tasks that are open-ended and can have a variety of results, e.g. timed events, such as an 80m sprint
- Grouping children by ability and setting different tasks for each group, e.g. different games
- Providing a range of challenge through the provision of different resources, e.g. different gymnastics equipment.

PE Curriculum Planning

As required in Key Stage 1, we teach dance, games and gymnastics. In Key Stage 2 we teach compulsory dance, games, swimming and gymnastics, plus four other activities: indoor and outdoor athletics, tag rugby, cricket and tennis.

Our detailed plans, which we have adopted from the national scheme, give an outline of each unit of work for the term and a detailed plan of each session. These plans define what we teach and ensure an appropriate balance and distribution of work across each term.

These list the specific learning objectives for each lesson and give details of how the lessons are to be taught.

The Foundation Stage

We encourage the physical development of our children in the reception class as an integral part of their work. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Contribution of PE to teaching in other curriculum areas:

PE contributes to the teaching of a wide range of subjects covered in our school, such as:

Maths; PE is frequently used to produce real situations from which to create data handling, shape, angles and number.

History; When looking at sport during Ancient Greece or Rome, or modern day Olympics.

Computing; we use ICT to support PE teaching when appropriate. In dance and gymnastics children make video recordings of their performance, and use them to develop their movements and actions. Older children compare each other's performance from recordings and use these to improve the quality of their work.

Educational for Personal Relationships (EPR); PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things. The school currently holds the Silver School Games Award and Healthy Living Awards which recognises our commitment to ensuring children have a positive outlook on their own healthy wellbeing. Groupings allow children to work together and give them the chance to discuss their ideas and performance. Their work in general enables them to develop a respect for other children's levels of ability, and encourages them to co-operate across a range of activities and experiences. Children learn to respect and work with each other, and develop a better understanding of themselves and of each other.

Teaching PE to children with special educational needs

At our school we teach PE to all children, whatever their ability and include all our pupils. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. When progress falls significantly outside the expected range, the child may have special educational needs. It is the duty of the class teacher to work with the PE subject leader or SENCO to build an individual strategy to support the child.

Assessing Pupils' Progress

Teachers assess children's work in PE by making assessments as they observe them working during lessons. They record the progress made by children against the learning objectives for their lessons.

The annual inter class indoor athletics competition provides the PE Subject leader and Sports Coach with vital data which allows us to track progress across the school in throwing, running and jumping.

Resources

There is a wide range of resources to support the teaching of PE across the school. We keep most of our equipment in the PE storage cupboard, and this is accessible only to adults. The hall contains some larger apparatus, and we expect upper KS2 children to help set up and put away this equipment as part of their work. Sports Leaders are coached by the local sports association to help lead playground activities and each year, six Year 6 children become Sports Ambassadors to assist with the setting up and running of lunchtime clubs.

Health and safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area.

We expect teachers to set a good example by wearing appropriate clothing when teaching PE. No jewellery is to be worn for any physical activity.

Monitoring and review

The monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the PE subject leader. The work of the subject leader also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. The PE subject leader gives the Headteacher an annual summary report in which strengths and weaknesses in the subject are evaluated and areas for further improvement are identified.

Extra-curricular activities

The school provides a range of PE-related activities including football, rugby, cricket, hockey, athletics, dance and netball for children at the end of the school day. These encourage children to further develop their skills in a range of activity areas. The school sends details of the current club activities to parents at the beginning of each term. The school also plays regular fixtures against other local schools and participates in area knockout competitions. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

Dated: January 2015

To be reviewed: Summer 2017

Subject Leader: Rob Staggs